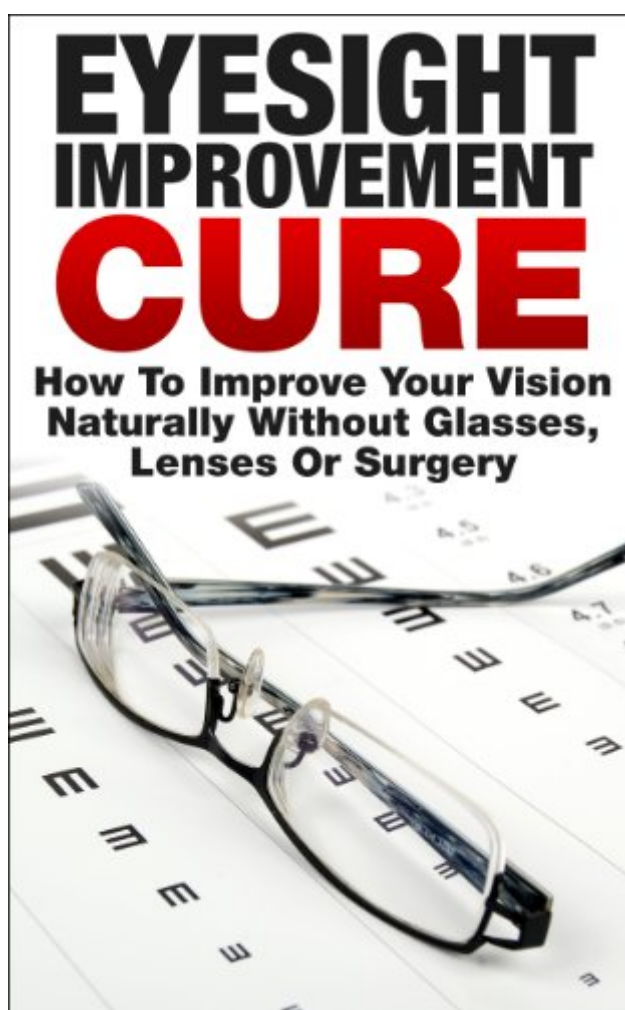


The book was found

The Eyesight Improvement Cure: How To Improve Your Vision Naturally Without Glasses, Lenses Or Surgery (eyesight, Eyesight Improvement, Eyesight Improvement ... Naturally, How To Improve Your Vision)





Synopsis

The Eyesight Improvement Cure - How to Improve Your Vision Naturally Without Glasses, Lenses or Surgery Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device. This book contains proven steps and strategies on how to get better vision using all natural means. Here, you will learn more about the different methods through which you can achieve better site. Though often overlooked, these are age old techniques and remedies that were developed as well as tested through time. Needless to say, if you're not keen on running the risk of experiencing complications from surgeries or if you're not comfortable with having to use lenses or glasses, then the great alternative options in this book are for you. In This Book, Here Is A Preview Of What You'll Learn

- The Bates Method
- Sun Gazing/Sunning
- Grounding/Earthing
- Eye Exercises
- Juicing and Eyesight Improving Foods

Take action right away to improve your vision naturally today by downloading this book, **The Eyesight Improvement Cure - How to Improve Your Vision Naturally Without Glasses, Lenses or Surgery**, for a limited time discount! Download today!

Tags: eyesight, eyesight improvement, eyesight improvement cure, how to improve your vision naturally, how to improve your vision, improve eyesight, improve your eyesight

Book Information

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Customer Reviews

I have noticed that the more I work on electronic devices I forget to take breaks and therefore end up looking at the screen too long and my eyes are blurry. It makes sense that doing these exercises would be helpful and the ones that I have done have been helpful in not feeling as stressed and I haven't felt the heaviness in my head. Now I just need to do it all the time.

I am in the process of doing the exercises from this book. There has not been enough time for much improvement but I have felt the difference in less strain on my eyes by doing the exercises. The book is an easy read and gets to the point quickly so that we can begin improving our eyesight. I am pleased with this book. Thank you Ricky for writing it.

Short, easy and to the point. Looking forward to the many great exercises in this book. Many good points about important foods to add to your daily diet.

Not finished reading but when I do I will probably have improved eyesight!

This method is a mix of common eye exercises and some new age quackery. The nutrition segment is logical. The totality of it should have been proof read and edited for content.

I didn't get much out of it ...

It's like a condensed version of Vision for Life. A fast read

Very thorough and comprehensive.

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